



DECATUR COUNTY CORPORATE WELLNESS

Decatur County Memorial Hospital
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Biometric Screening

Basic Biometric Screening Package includes: Height, Weight, BMI, Body Fat Percentage, Waist Circumference, Blood Pressure, Total Cholesterol, HDL, LDL, Triglycerides and a Blood Glucose.

All biometric screenings require a 12 hour fast for result accuracy. It is recommended to hold a “Know Your Numbers” consultation following the screening to ensure that all participants understand the meaning behind their results.

Screening Methods:

Biometric Finger Stick
Venipuncture Biometric Screening

Optional Add-on Venipuncture Screenings

CMP- A comprehensive metabolic panel is a blood test that measures your sugar level, electrolyte and fluid balance, kidney function, and liver function.

CBC- A complete blood count is a blood test used to evaluate your overall health and detect a wide range of disorders, including anemia, infection and leukemia.

Vitamin D- A Vitamin D blood test measures how much Vitamin D is in the body. Vitamin D has been associated with rickets, a disease in which the bone tissue doesn't properly mineralize, leading to soft bones and skeletal deformities.

TSH- The TSH test is done to find out if one's thyroid gland is working the way it should. TSH stands for “thyroid stimulating hormone” and the test measures how much of this hormone is in one's blood.

PSA- The PSA test is a blood test used primarily to screen for prostate cancer in males.

*All Biometric Screening Packages are customizable

*Employer Group Rates are available based on Population Size