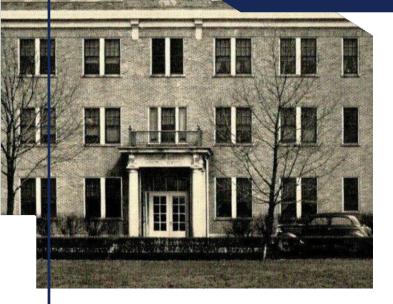
# **IN CELEBRATION**





## A CENTURY OF CARE

In Celebration of Our Past, Our Present, & Our Future



# WHO WE ARE

### **OUR HISTORY**

The dream of a local hospital became a reality when Decatur County Memorial Hospital opened its doors in 1922 at its current location. The muchanticipated, county-owned facility was built as a memorial to Decatur County residents who fought and died for our country in World War I.

As the community and healthcare services continue to grow, multiple additions to buildings and services have occurred. DCMH always remembers, however, their true mission to the community and why they opened their doors in 1922.

Although located in a small town, the care and spirit the hospital brings equals that of a major city hospital. DCMH pushes the boundaries of health care and hopes to grow today and tomorrow to better serve this community.

#### **OUR MISSION**

Decatur County Memorial Hospital advances the health and wellness of our community by providing high-value patientcentered care, leadership, and education.

#### OURVISION

To be the gateway to health and wellness in our communities by delivering quality healthcare and wellness leadership through best practices and innovative partnerships.

#### **CORE VALUES**

#### Integrity

We promote openness in communication and accountability for our conduct and decisions. We demonstrate respect and honesty and promote an atmosphere of trust.

#### Compassion

We exemplify care and empathy towards our patients, their families, and our team members. We respond thoughtfully and reasonably in all circumstances and celebrate our successes.

#### Quality

We focus on continuous performance improvement in all we do while serving each person as an individual, promoting innovation, and pursuing extraordinary results. We are driven by being the best at what matters most: patients and their families, team members, and our community.

#### Community

We contribute positively through community involvement and stewardship of resources, striving to meet the health and wellness needs of our staff, community, and patients.



### A NOTE FROM THE CEO

On the heels of two very challenging years in which we navigated unprecedented circumstances, 2022 had many joyous occasions that brought our community together. Gathering in celebration was definitely a highlight of this past year and one that is wellrepresented in this annual report.

DCMH celebrated with many community events:

• DCMH celebrated its centennial with a community-wide party in May, our annual Healthy Fair in June, Fourth of July festivities, a community party in August, and Holiday Lane in December.

 $\bullet$  Breaking ground on the Rehabilitation & Medical Offices building – an important first step on an expanded DCMH campus.

Our commitment to high-value patient-centered care continues to garner state and national attention, including:

• DCMH Women's Center/OB department earned the 2022 INspire Hospital of Distinction award from the Indiana Hospital Association. INspire recognizes the delivery of best-practice care for Hoosier moms and babies, coupled with excellence in addressing key drivers of infant and maternal health.

• DCMH gained recognition as a 2022 Top 100 Critical Access Hospital by the Chartis Center for Rural Health. DCMH was Indiana's only critical access hospital to achieve this honor.

As we enter our second century, we are grateful for the thoughtful planning and foresight of past administrators and board members. We remain grateful for the community's input and support. Decatur County Memorial Hospital is well-positioned for the future with continued improvements in access to care, underscoring our core values: community, quality, integrity, and compassion.

With gratitude and hope,

Rex McKinney, FÁCHE President/CEO





# **NEW PROVIDERS**



Jamie L. Cooper, DO, FACOG, is a board-certified OBGYN. She has several years of experience practicing in the Hoosier State and has been recognized by her peers as a Top Doctor in *Indianapolis Monthly* magazine. Dr.

Cooper provides compassionate care to each patient from adolescence to menopause and beyond. She specializes in the health of the female reproductive system, including hormone replacement therapy.



**Maria Darr**, MD, is a boardcertified pediatrics specialist who treats children, infants, and adolescents. She is trained to diagnose and treat a broad range of childhood illnesses, from minor health problems to serious

diseases. Dr. Darr meets the unique needs of children through all of their developmental stages, from infancy through the teenage years.



**Emily Verseman**, FNP, is a family nurse practitioner providing quality care for all ages. Verseman specializes in chronic diseases, including diabetes, hypertension, and obesity.



Kara Salatin, FNP, is an emergency nurse practitioner who treats adult and pediatric patients. She can assess, diagnose, and treat a wide range of conditions, including acute illnesses or injuries. Kara also treats those who may require

advanced cardiac life support, trauma care, and other life-threatening situations.



**Mayher Ahmad**, MD, is a hospitalist at DCMH, providing compassionate, quality care to every patient.

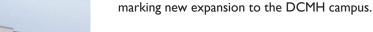


Alexandria Marshall, DPM, is a board-certified Podiatrist specializing in wound, foot trauma, and fracture and sprain management. She is trained in surgical and post-surgical foot and ankle care and managing

corrective orthotic footwear. Dr. Marshall is dedicated to helping every patient heal through medicine, procedures, therapy, or surgery.







This historic event reflects the DCMH values of quality, community, integrity, and compassion by understanding the need for this additional space to provide our patients and our community with the next level of quality care, close by.

Construction of a new DCMH Rehab Facility and Medical Office Building began in 2022 with a groundbreaking ceremony

DCMH EXPANSION CONTINUES

This remarkable new addition, set to open in 2023, will house a state-of-the-art rehabilitation facility, including physical therapy, speech therapy, cardiac rehab, and pulmonary rehab services. In addition, it will include an orthopedic clinic with an onsite x-ray, a foot/ankle clinic, and exam rooms for primary care, internal medicine, and specialty care. The tremendous work of the rehabilitation services team will only continue to grow at this new facility.

"As we continue to strive to be among the very best hospitals in the nation, we focus on what will make the most positive impact on our community and surrounding areas. Having access to this facility and services close to home is going to make a tremendous difference in the lives of those we serve," said President/CEO Rex McKinney.

Some of the event's dignitaries of note at the groundbreaking included Rex McKinney, President/CEO of DCMH, N. Anjum Fazlani, M.D., doctor of internal medicine and medical director of Rehab Services, Mieasha Barksdale, M.D., foot and ankle surgeon, and Larry Rueff, Board of Trustees Chairperson. In addition, the DCMH Board of Trustees, the Hospital Foundation Board of Directors, the rehabilitation services team, and other key stakeholders participated in this ceremony.



# **A CENTURY OF CARE**





On February 4, 1922, DCMH opened its doors as a memorial to those Decatur County residents who fought and died in World War I. Originally constructed as a 16,000-square-foot facility at the current location, DCMH today spans multiple locations and patient-centric services from surgery and a women's center to a robust rehabilitation center and virtual care.

DCMH hosted various events during 2022 to reflect on the 100th anniversary.

Among those events:

- February Unveiling of a history wall featuring a timeline and historical artifacts
- March Marking National Nutrition Month with the construction of a "100" out of canned food items and subsequently donating those non-perishable items to Greensburg Bread of Life
- April Participating in the Community Clean-Up Challenge in conjunction with Decatur County Recycling
- May 14 A community-wide Centennial Celebration marked by an official ceremony and the release of a book detailing DCMH history
- July Fourth of July Parade festivities and partnering with Greensburg Parks & Recreation to sponsor community fireworks
- August 6 Hosting a Community Pool Party, DCMH donated \$2 to the Decatur County Animal Shelter for every person in attendance.
- December Holiday Lane celebrated long-tenured employees, with 700+ in attendance

DCMH President/CEO Rex McKinney stated, "I have had the privilege of leading this staff of healthcare professionals for nearly five years. Because of their effort and dedication to providing exceptional quality of care to our community, DCMH is rated among the top 10% of hospitals in the entire country and the top 7% in the State of Indiana. That quality of care is what our community has come to expect and certainly deserves."

#### **DCMH HISTORY**

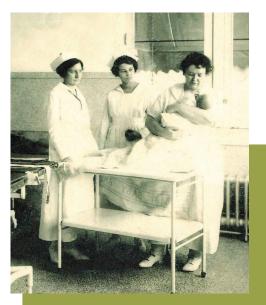
The DCMH story begins in 1918 – four years before opening its doors. After several attempts, citizens Dr. D. W. Weaver, Sam Bonner, Dr. I. M. Sanders, and John F. Russell finally convinced the county commissioners of the need for a hospital to serve Decatur County. As the Spanish Flu pandemic raged and infant mortality increased due to inadequate healthcare access in the rural area, the commissioners agreed to propose a \$100,000 bond issue toward establishing a county hospital. Local churches, Sunday schools, lodges, sororities, clubs, and individuals raised an additional \$5,076. In honor of the local veterans who served in World War I, the name "Decatur County Memorial Hospital" was selected.

During its first year, 65 patients were admitted. Notably, the hospital performed surgeries and general inpatient care and even delivered eight newborns. As admissions and need for care increased, a small building expansion added two private patient rooms and public area sun parlors in 1927. A dozen years later, a \$100,000 expansion was partially covered by the federal government's Public Works Administration (PWA) as healthcare advancements like the development of penicillin and a vaccine for yellow fever extended the patients' lives

Scientific developments like these were the impetus for the change of perception in modern hospitals. While the hospital of the 1800s was a place to go to be sick, the 20th-century hospital evolved into a "line of first defense," that resulted in cures and a return home. While the country would still face significant healthcare challenges – like the polio epidemic – infant mortality dropped, and life expectancy increased.

Medical and technological advancements too numerous to detail set the scene for further expansions and significant additions, like an expanded pediatric wing and obstetric wards, the Cancer Center, a Med/Surg unit, and an Advanced Care Unit. Most recently, and perhaps one of the most significant milestones in the hospital's history, DCMH was named among the top hospitals nationwide.





# COMMUNITY













### **HEALTHCONNECT OPENS!**

DCMH HealthConnect opened its doors on July 11 at the Decatur County Family YMCA campus – yet another way DCMH continues to provide the Quality Care You Want, Close By.

HealthConnect is open three days a week for massage therapy, Phase 3 Cardiac & Pulmonary Rehab, and monitoring participants' weight, blood sugar, and blood pressure. DCMH continues to provide additional services at HealthConnect, including event meeting space, Spirit of Women events, Lunch & Learns, and diabetes and nutrition-focused programs.

The opening of this facility is yet another example of community collaboration supporting the mission and growth of DCMH.



# **AWARDS**

### DCMH RECOGNIZED FOR SEPSIS TREATMENT

Decatur County Memorial Hospital was recently honored as a Top 10% Hospital for Sepsis Bundle Compliance by the Indiana Hospital Association (IHA).

Sepsis is a life-threatening response of the body to infection. According to the IHA, over 4,800 hospitalized patients died from sepsis in Indiana in 2021 (Indiana Hospital Association, 2022).

Sepsis can occur from any infection and can be challenging to diagnose. Sepsis can affect anyone with an infection. The main types of infections often linked with sepsis are lungs (pneumonia), kidney (urinary tract infection), skin (new or worsening injury), and abdomen.

A bundle refers to any collection of interventions that significantly improve patient outcomes when done as a whole. The sepsis bundle is a collection of tests and treatments that help identify and treat the infection. The goal is to catch sepsis early and initiate treatment before it causes significant organ damage.

Thanks to the work of our outstanding team members, the IHA recognized DCMH for its efforts, which also improved the state's overall performance.



### PHYSICIAN NAMED PRECEPTOR OF THE YEAR

Nicole Boersma, M.D., a DCMH primary care provider specializing in Family Medicine and Obstetrics, was named Preceptor of the Year by the East Indiana Area Health Education Center.

Dr. Boersma supervises student physicians as a preceptor as they acquire clinical medical knowledge by helping care for real patients.

Dr. Boersma has been an active preceptor for the IU School of Medicine for several years and continuously goes above and beyond to make students feel welcome and part of the DCMH team. She provides excellent clinical knowledge, helps students build relationships with patients and families, and teaches through example. Dr. Boersma also helps immerse students in the community and facilitates connections by inviting students to participate in community events.

# INSPIRE HOSPITAL OF DISTINCTION

The DCMH Women's Center/OB department earned the 2022 INspire Hospital of Distinction award from the Indiana Hospital Association.

INspire recognizes the delivery of best-practice care for Hoosier moms and babies coupled with excellence in addressing key drivers of infant and maternal health.

The Women's Center/OB department achieved this elite award for the second consecutive year by demonstrating success across five categories: safe sleep, breastfeeding, tobacco, perinatal substance use, and safety bundles.

"Our incredible team is dedicated to providing quality care and education to our mothers and newborns. We will continue to focus on educating staff and patients on best practices to reduce infant and maternal mortality," says Tammy Sidell, DCMH Women's Center/OB manager.

DCMH Executive Director, Nursing adds, "To earn this distinction for the second year in a row is a testament to the dedication of our staff and the quality of leadership in our Women's Center/ OB department. I am proud of this team and the quality care they deliver. The demonstrated commitment to excellence is a benefit to our community and supports DCMH's mission of advancing health and wellness by providing high-value patientcentered care, leadership, and education."

The Indiana Hospital Association is the professional trade association for more than 170 acute care, critical access, behavioral health, and other specialized hospitals in Indiana.



# **INSPIRE** Hospital of Distinction

### **TOP 100 CRITICAL ACCESS HOSPITAL**

Recognized as a 2022 Top 100 Critical Access Hospital, Decatur County Memorial Hospital proudly serves patients as the only critical access hospital in the state of Indiana to receive this award.

Compiled by The Chartis Center for Rural Health, this annual recognition program honors outstanding performance among the nation's rural hospitals based on the results of the Chartis Rural Hospital Performance INDEX<sup>™</sup>.

"Being recognized as one of the Top 100 Critical Access Hospitals in the nation is a testament to the dedication of our entire team," said Rex McKinney, President/CEO of Decatur County Memorial Hospital. "Our team is committed to providing exceptional quality care and serving our community. Being recognized nationally is an honor our entire team is proud of."

The Top 100 Critical Access Hospital list uses the Chartis Group's Performance INDEX<sup>™</sup> to objectively evaluate 36 rural-relevant indicators from publicly available datasets across eight pillars of performance, including quality, outcomes, inpatient/outpatient market share, financials, and patient perspectives. The top performers on this list, including DCMH, excel in managing risk, securing better outcomes, increasing patient satisfaction, and operating at a lower cost than their peers.

"Despite unprecedented adversity, rural providers continue to display resiliency and a steadfast commitment to their communities," said Michael Topchik, National Leader of The Chartis Center for Rural Health.

DCMH's Director of Quality, Jenny Simon, RN stated, "These recognitions were from the results achieved through what has been the most challenging few years for our employees, patients, and community. I am so incredibly proud of our team who continues to strive each day to improve the care we provide to all we serve."





#### DCMH REHAB JOURNEY: A HIGH SCHOOL STUDENT'S EXPERIENCE

Cooper Williams, member of the Greensburg Community High School class of 2024, serves and participates in Junior Optimist Club, Jazz Band, National Honor Society President, Tri-M President DCUF Student Representative, New Directions Teen Council, Mayor's Youth Council, Champions Together, Academic Team, Golf Team, SADD Club, All-District Honor Band, Student Council, and Spirit Crew.

But when a stroke sidelined him from his active life, he knew what he had to do: Work hard!

DCMH therapist Kelsey Puckett praised his hard-working attitude, saying he improved at every visit, which showed his diligence with his home program. She explains, "It was fun developing his plan of care to get him back to the things he loved. He was back to working and playing his instrument in the marching band!" said Puckett.

Williams is grateful for the time and attention he received from the DCMH Rehabilitation and Physical Therapy department.

"The hard work of all the staff, especially Kelsey and Jordan (Rettig), has allowed me to make a near-full recovery," said Williams. "I know without their constant encouragement and promotion of hard work, I would not be where I'm at today."

Williams continues to work hard at both academics and extracurricular activities. The Indiana Association of School Principals (IASP) recently named Williams to their list of Rising Stars of the Indiana Class of 2024.

# 2022 BY THE NUMBERS

### FINANCIAL OVERVIEW

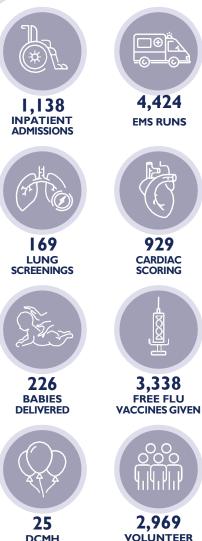
TOTAL OPERATING REVENUES	\$83,333,666
EXPENSES	\$90,622,684
SALARIES, WAGES, AND BENEFITS	\$41,442,572
OTHER OPERATING	\$49,180,112
NON-OPERATING REVENUE (EXPENSE)	\$5,903,220
PROVISIONS FOR FUTURE HEALTHCARE NEEDS	\$13,192,238

### **HOSPITAL STATISTICS**

PATIENT DAYS - HOSPITAL	3,136
SURGICAL PROCEDURES	2,981
EMERGENCY ROOM VISITS	14,957

\$1,805,432

ALLOCATED TO CHARITY CARE



DCMH COMMUNITY EVENTS HELD EVENTS HELD THE COMMUNITY

# LEADERSHIP

#### **BOARD OF TRUSTEES**



Chairperson



Larry Rueff Vice Chairperson

Bryan Robbins Secretary



Nicole Boersma, MD



Malcolm Myers Jami Rayles, MD Sarah Reisman







Tammy Williams



Katie Lykins

Executive Director,

Nursing

### SENIOR EXECUTIVE STAFF





Rex McKinney President & CEO Catherine Keck Chief Financial Officer



Amy Wickens Executive Director of Practice Operations and Support Services

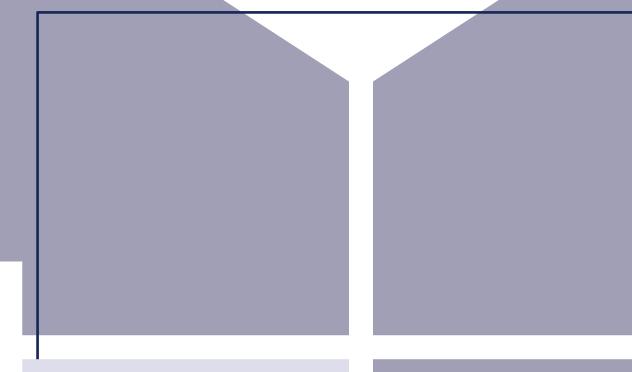
### **MEDICAL STAFF**

Maher Ahmad MD Sameer Ahmed, MD Brian Albers, MD Edson Alonso, CRNA Arthur Alunday, MD Catherine Bailey, NP Mieasha Barksdale, DPM Nicole Boersma, MD Caylen Cable, FNP Seth Cahn, MD Kathleen Canfield, MD Craig Caniff, LMHC Richard Cardosi, MD Margo Carranceiie, MD Thomas B. Cartwright, MD David Chiapaikeo, MD lason Christie, MD Jamie Cooper, DO Andrew Crane, MD Maria Darr. MD Andrew DuBois, MD Holly Everette, CRNA Naveed Fazlani, MD Douglas Federle, MD Thomas Ferry, MD Jennifer Fletcher, MD Mary Fogler, DO Katherine Franke, NP Ion Geers, MD Todd Greenberg, MD lacob Grow, MD Krista Grow, MD Steven Gunderson, MD Duncan Hamilton, DO Robert Hasson, MD Nancy Hinds, FNP-C Paul Haynes, MD Patricia Hirsch, PA-C Linzi Horine, FNP-C Robert Hurm, CRNA Tracy Ingram, FNP-C Biran Israel, MD

Lindsay (Williams) Jobe, FNP Suzanne Johannigman, NP Jassin Jouria, MD Lauren Karbowski, FNP Steven Kim, MD Laura Krall, NP Charles Kuhfahl, NP Alison LaFlower, NP Lisa Lanham, DPM Monica Livers, NP Dale Rodney Lockman, PA-C Amanda Lusk, PA-C Amanda Marcus, PA-C Alexandria Marshall, DPM Gilbert Maulsby, MD Timothy McAfee, FNP Mary McCullough, MD Scott McMullen, MD Kimberly Metcalf, FNP Scott Miller, MD Desirae Moore, LCSW Polly Moore, MD Samantha Morgan, PA-C Noel Mungcal, MD Erin Murphy, FNP John Neukam, CRNA David Anthony Noles, DDS Michelle OBrien, MD Robert Oesterling, MD Adam Olmsted, MD Ernest Orinion, MD Taylor Ortiz, MD li Kwan Park, MD V. Chowdry Pinnamaneni, MD Derrick Plahn, DO Andrew Powell, MD **Jill Prickel**, NP Bryan Rabe, CRNA Stephanie Rabe, CRNA Meghana Raghavendra, MD

Vijay Rao, MD Karen Raver, FNP Jami Rayles, MD Douglas Roese, MD Kara Salatin, FNP Eric Scripture, MD Kevin Scripture, MD Saeed Shaikh, MD Subhash Sharma, MD Richard Shea, MD Michael Slaughter, MD Thomas Small, MD Rick Spangler, CRNA Jessica Sparks, PA-C Katherine Springman, NP Sam Stegman, FNP-C Christopher Stevens, MD Suzanna Stiller, PA-C Ajay Strivastava, MD Natasha Struewing, NP Karen Summe, MD Paul Szotek, MD Eric Tannenbaum, MD Andrew Thompson, PA-C Cary Troutman, NP Danielle Turnak, MD Michael Valade, MD Emily Verseman, FNP Robert Vincent, MD Cody Wagner, MD Desmond Wah, MD Daniel Walsh, MD Shelly Walsman, NP Elaina Weiss, ANP David Welsh, MD Barbara Wenning, CRNA Heather Willett, PA-C Amanda Williams, MD Elizabeth Wittensmyer, PA-C Shahab Zaidi, MD Richard Zegarra, MD

Krishnan Rajagopal, MD





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