

## **Decatur County Workwell Occupational Health**

A division of Decatur County Memorial Hospital 955 N Michigan Ave, Suite 4 Greensburg, IN 47240 (812) 662-6450 Laura.walsman@dcmh.net

## **Prevention Services**

- **Pre-Employment Physicals:** Our Nurse Practitioners are able to provide standardized physical assessments of potential employees based off a job description. This allows for a more efficient hiring process while potentially reducing employee turnover and increased productivity.
- **DOT Physicals:** Our Nurse Practitioners are certified to perform DOT physicals to ensure medical clearance to safely operate a CMV.
- **Forklift Physicals:** These physicals require a similar approach to that required by DOT. These are performed to ensure safe operation of equipment.
- **Respirator with Spirometry Physicals:** If your workers require respirator use they must be physically able to perform while wearing a respirator. Let our Nurse Practitioners determine the employees' health and physical ability to use a respirator. Our staff are NIOSH certified to perform spirometry and respirator testing.
- Return to Work Physicals: A return to work exam can help ensure that it is safe for your
  employee to return to work after an injury or surgery. Let our Nurse Practitioners provide a
  medical examination to determine if they are physically able to perform their job.
- **Fit Testing:** If your workers require respirator use they must be fit tested before using the respirator. Let our team ensure proper fit of the respirator mask.
- **Functional Capacity Evaluations:** These are a series of tasks that are standardized and systematic to specific requirements of a job to determine a worker's capacity for work. We can help you develop these evaluations and are able to administer these.
- **Certified Ergonomic Assessments:** Our certified athletic trainers have continuing education in ergonomics which allows them to do job site analysis. This allows us to help you identify on the job risk factors and make measureable improvements in the workplace.
- Onsite Athletic Training Services: Our certified athletic trainers have experience in the
  prevention, examination and diagnosis, treatment and rehabilitation of acute and chronic
  injuries. Our staff can help you keep those minor aches and pains from turning into recordable
  injuries. Let them help your company with prevention and treatment of injuries all while
  helping you to decrease costs and increase productivity.
- Onsite Massage Therapy Services: Our certified massage therapist can provide relief and benefits for muscle strains, back and neck pain. Our staff can help minimize the risk of injury and pain by improving flexibility and speed recovery from tired and sore muscles.
- Audio Testing: Do you require a hearing conservation program? Let us help you with your baseline and annual audio screening. Our staff are CAOHC certified hearing conservationist.