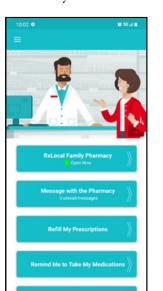
## **APP INSTRUCTIONS**



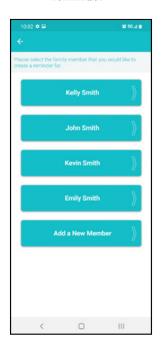
## Setting Up Reminders

RLocal

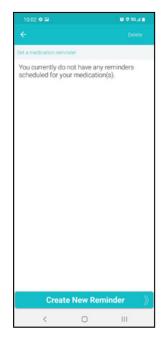
Once you log into the app, select "Remind me to Take my Medications"



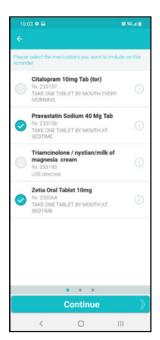
2 Select the person who you're creating a reminder



3 Select "Create New Reminder"



Select the medication
4 you wish to create a
reminder for and touch
"Continue"



Use the tabs at the top to select the frequency of your reminder and touch "Continue"



Set up the reminder time and touch "Save Reminder"

Set up any additional times if needed

