

# **American Heart Association**

Workplace Health Achievement Index Usage Guidelines

# Explaining Your Workplace Health Achievement Recognition:

The following approved descriptions are to be used to describe your award in materials developed by your organization.

# **Bronze Recognition**

"The American Heart Association has defined best practices for employers to use to build a culture of health for their employees in the workplace. The Association's Workplace Health Achievement Index measures the extent to which the company has implemented those workplace health best practices. Companies recognized at the Bronze level have achieved an Index score of 86 – 129 out of a maximum 217 points."

# Silver Recognition

"The American Heart Association has defined best practices for employers to use to build a culture of health for their employees in the workplace. The Association's Workplace Health Achievement Index measures the extent to which the company has implemented those workplace health best practices. Companies recognized at the Silver level have achieved an Index score of 130 - 174 out of a maximum 217 points."

### **Gold Recognition**

"The American Heart Association has defined best practices for employers to use to build a culture of health for their employees in the workplace. The Association's Workplace Health Achievement Index measures the extent to which the company has implemented those workplace health best practices. Companies recognized at the Gold level have achieved an Index score of 175 - 217 out of a maximum 217 points."

### Healthiest Workplace Award

"The American Heart Association has defined best practices for employers to use to build a culture of health for their employees in the workplace. The Association's Workplace Health Achievement Index measures the extent to which the company has implemented those workplace health best practices. Companies recognized as an American Heart Association Healthiest Workplace have achieved a Gold level recognition Index score of 175 – 217 out of a maximum 217 points, plus the highest Index score in key categories by company size and industry type."